



Balancing Life's Demands

DVD & Study Guide

Sessions: 10

AUTHOR(S):
Ingram, Chip

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

Are you busy, tired, stressed out, and stretched to the limit? Does life seem a little out of control? Are you running long on "to do's" and short on time? In the series, *Balancing Life's Demands*, you will learn how to put "first things first" and find peace in the midst of pressure and adversity. This isn't about cliches or quick fixes, just practical biblical insights to help you order your personal world.

This series includes the following messages:

The Peace and Power of a Prioritized Life

How to Put First Things First

How to Keep First Things First

Warning: Personal Discipline Can be Hazardous to Your Health

How to Escape the Rat Race ... Forever!



Breaking Free The Journey, the Stories

Kit

Sessions: 11

ISBN: 9781415869208

AUTHOR(S):
Moore, Beth

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

Discover the freedom available to you from the transforming power of Christ. First released in 1999, this updated version of Beth Moore's *Breaking Free* includes 11 new video teaching messages along with reedited Bible study content and testimonies of how women like you have been delivered from their personal captivity. Based on Isaiah 61:1-4, this in-depth Bible study draws parallels between the Israelites in captivity and believers in spiritual captivity. Beth uses Scripture to help identify spiritual strongholds in your life and explains that anything that hinders you from the benefits of knowing God is bondage. There are 11 video sessions with 10 weeks of study. The Leader Kit includes 6 DVDs, 1 Member Book, and 1 Leader Guide.



Captivating Unveiling the Mystery of a Woman's Soul

DVD & Study Guide

Sessions: 10

ISBN: 9781418527549

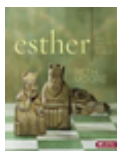
AUTHOR(S):
Eldredge, John & Eldredge, Stasi

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

Every little girl has dreams of being swept up into a great adventure and of being the beautiful princess. Sadly, when women grow up, they are often swept up into a life filled merely with duty and demands. Many Christian women are tired and struggling under the weight of the pressure to be a "good servant," a nurturing caregiver, or a capable home manager.

What *Wild at Heart* did for men, *Captivating* will do for women. By revealing the core desires every woman shares- to be romanced, to play an irreplaceable role in a grand adventure, and to unveil beauty-John and Stasi Eldredge invite women to recover their feminine hearts, created in the image of an intimate and passionate God.

Join us as we journey into the deep mysteries of our feminine souls in order to recapture our hearts. Let this study guide accompany you through your great adventure of coming alive as a woman . . . God's captivating woman.



Esther It's Tough Being a Woman

Kit

Sessions: 10

ISBN: 9781415852897

AUTHOR(S):
Moore, Beth

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

Join Beth in an in-depth and very personal examination of this great story of threat and deliverance. She peels back the layers of history and shows how very contemporary and applicable the story of Esther is to our lives. If you've ever felt inadequate, threatened, or pushed into situations that seemed overpowering, this is the study for you. Just as it was tough being a woman in Esther's day, it's tough today. This portion of God's Word contains treasures to aid us in our hurried, harried, and pressured lives. Leader kit contains: 6 DVDs (10 teaching segments and bonus content), 1 Member Book, and 1 Leader Guide.



Experiencing God

Knowing and Doing the Will of God

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

Kit
Sessions: 13
 ISBN: 9781415858950

AUTHOR(S):
 King, Henry Blackaby; Richard Blackaby; Claude

Most Bible studies help people; this one changes them forever.

For more than 15 years, God has used Experiencing God in His work, showing believers how to know Him intimately while encouraging them to step out in faith and join Him in His work with miraculous results.

The Leader Kit includes revised Member Book, revised Leader Guide, paperback trade book, 5 DVDs, and one CD-ROM.



Fingerprints of God

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

Kit
Sessions: 8
 ISBN: 9781415820889

AUTHOR(S):
 Rothschild, Jennifer

You know how meaningful a touch can be--soothing, encouraging, warm. But can the invisible God warm you with His unseen hand? Can His touch affirm you and guide you? Can His embrace comfort you and restore your sense of value? In her poignant, winsome way, Jennifer Rothschild reveals that God's touch is not skin on skin, but it's just as real. No human touch can be so intimate, so true. And your very life is covered with His fingerprints. Previously published as Touched by His Unseen Hand.



For Women Only

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

Discussion Guide
Sessions: 8
 ISBN: 9781590527689

AUTHOR(S):
 Feldhahn, Shaunti & Rice, Lisa A.

What's going on in a man's mind? You don't have to scratch your head any longer. After Shaunti Feldhahn's For Women Only: What You Need to Know About the Inner Lives of Men broached the subject, women everywhere responded with an overwhelming desire to dig deeper. Now this all-new discussion guide will help you and your friends explore the complex terrain beneath a man's confident exterior. Personal stories, fascinating case studies, and pointed questions will launch the conversations you need to open your eyes to what the man in your life--a boyfriend, brother, husband, or son--is really thinking and feeling. Men want to be understood, but they're afraid to "freak out" the women they love by confessing what is happening inside their heads. For women who really do want to understand, this group or one-on-one discussion guide is a must for helping you apply all those "ah ha" revelations to your relationships with the men in your life!



Free to Be Real

Transforming Into the Image of Christ

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

DVD
Sessions: 6
 Series: *Extraordinary Women*

AUTHOR(S):
 Moore, Beth; Whelchel, Lisa; Thomas, Angela; LaHay

When ordinary women come into the presence of God, extraordinary things begin to happen. Hearts begin to heal. The weary are made strong. The hope of Christ is renewed in your life. The powerful love of God will begin to transform the ordinary into extraordinary for His glory as small groups walk through this six session curriculum on the power of living an authentic life in Christ.

Six sessions include:

- Beth Moore A Woman's Prayer Life
- Julie Clinton Free To Be Real
- Mary Hunt A Woman's Finances
- Jill Briscoe Ministry According To Jesus
- Angela Thomas God, Use Me Just The Way I Am
- Beverly LaHaye Drawing Closer To The Heart Of God



Fresh Reviving Stale Faith

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

DVD & Study Guide

Sessions: 6

ISBN: 9781415872109

Series: *The Platform Series*

AUTHOR(S):
Shook, Kerry

To the ancients, daily life included spiritual disciplines such as meditation, silence, and fasting. Our modern world has all but abandoned these time honoring principles, instead relenting to overcrowded agendas, busy schedules, and fast-paced and frantic day-to-day routines. Perhaps these overlooked and underused disciplines have some value after all. (6 sessions)

Includes six (15-minute) videos with discussion questions in the Study Guide; DVD-led small-group experience taken from original Woodlands Church messages; Study Guide contains supplemental content and a journaling feature that allows group members to engage with the content independent of their small group.



House or Home? Marriage Edition God's Blueprint for a Great Marriage

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

DVD & Study Guide

Sessions: 10

ISBN: 9781605931678

AUTHOR(S):
Ingram, Chip

It's no secret that marriage is in trouble in America. This foundational building block of society is crumbling before our eyes. And Christians aren't exempt from this trend... the percentage of divorce is increasing at the same rate among Christians and non-Christians alike.

There is hope. Despite the mounting pressure on couples, you really can have a great marriage, raise Godly kids and experience a healthy, life-giving home-life with the stability to weather life's storms. It will require hard work and focus but the reward is absolutely incredible. House or Home - Marriage Edition thoroughly explores God's design for marriage and the roles of husband and wife.

In this straight-shooting series, Chip Ingram challenges the status quo and gives clear, compelling help for couples that long for unity and fulfillment in their marriage. The stakes are high, and your marriage is on the line. It's time to go back to God's blueprint for building marriages that love and last a lifetime.



The Hurried Women Syndrome

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

DVD

Sessions: 1

Series: *Extraordinary Women*

AUTHOR(S):
Weber, Catherine Hart

Dr. Catherine Hart Weber explores the Hurried Woman Syndrome and how to conquer stress and anxiety in everyday life. The Extraordinary Women series is designed to help women help themselves and others. Women today are doing more than ever before in history. This series will help women have a better understanding of how to handle the pressures and complexities of life and offer them help and encouragement during these times. Approx. 60 minutes.



James: Mercy Triumphs

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

DVD & Study Guide

Sessions: 8

AUTHOR(S):
Moore, Beth

James: Mercy Triumphs - Leader Kit by Beth Moore helps a leader facilitate this women's Bible study experience and contains all that is needed to conduct the 7 weeks of small group time. James, Jesus' own brother, started out as a skeptic. See how one glimpse of the resurrected Savior turned an unbeliever into a disciple. Bible scholars compare James to the prophet Amos. In other ways, James more closely resembles the Book of Proverbs than any other New Testament book. Topics in this study include: joy, hardship, faith, reversal of fortunes for rich and poor, wisdom, gifts from above, single-mindedness, the dangers of the tongue, humility, and prayer. Includes teaching DVDs, a Member Book, and a Leader Guide. Eight hour-long video sessions with 7 weeks of print study.



Lord, Change My Attitude

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

DVD & Study Guide

Sessions: 11

ISBN: 978-1415859742

AUTHOR(S):
Macdonald, James & Peil, Barb

Lord, Change My Attitude - Leader Kit provides the leader resources for this popular study by James MacDonald. that looks at what God thinks about attitudes. This study uses examples from the Israelites' journey out of Egypt to how attitudes can affect whether someone stays in the wilderness or enjoys the blessings of the Promised Land. There is hope for the attitudinally challenged. In this study, James MacDonald shows how you can lead others (and even yourself) out of attitudes God hates and into those He honors. (11 sessions)



Loving God with All Your Mind

DVD

Sessions: 6

ISBN: 9780736930291

AUTHOR(S):

George, Elizabeth

[Web Link 1](#)
[Web Link 2](#)

(reviews, info, etc.)

Millions of women have benefited from the challenging, spiritually rich teaching of bestselling author Elizabeth George. In her first video from Harvest House, she delves into her life message, *Loving God with All Your Mind*. Elizabeth teaches that loving God involves acting on that love. In six 25-minute sessions, she focuses on six key Scripture passages, helping viewers understand how to handle their emotions by focusing on what is true about God and about life. Each session grasps His purpose for life and moves toward trusting Him in all things and finding inner peace in every circumstance. Each concept is reinforced in the companion workbook, which will help women integrate the teaching on the DVD into their minds and hearts. As their thinking changes, their lives will too! Six 25-minute sessions. Helpful leaders guide included. Designed for use with the *Loving God with All Your Mind* Interactive Workbook.



The New Rules for Love, Sex & Dating

DVD & Study Guide

Sessions: 4

AUTHOR(S):

Stanley, Andy

[Web Link 1](#)
[Web Link 2](#)

(reviews, info, etc.)

"Are you who the person you are looking for is looking for?" – Andy Stanley

Single? Looking for the "right person"? Thinking that if you met the "right person" everything would turn out "right"? Think again.

In *The New Rules For Love, Sex & Dating*, Andy Stanley explores the challenges, assumptions, and land mines associated with dating in the twenty-first century. Best of all, he offers the most practical and uncensored advice you will ever hear on this topic.

Not for the faint of heart, *The New Rules for Love, Sex & Dating* challenges single Christ followers to step up and set a new standard for this generation! If you don't want a marriage like the majority of marriages, then stop dating like the majority of daters! – Andy Stanley

Part One: "The Right Person Myth" - 1 Corinthians 13:4-5 - (Andy Stanley)

Part Two: "Gentleman's Club" - 1 Peter 3:7 - (Andy Stanley)

Part Three: "Designer Sex" - 1 Corinthians 6:18 - (Andy Stanley)

Part Four: "If I Were You" - Proverbs 14:8 - (Andy Stanley)

*Parental Advisory: Some content is not suitable for children.



Pause

Because Everybody is Tempted

DVD & Study Guide

Sessions: 4

AUTHOR(S):

Stanley, Andy

[Web Link 1](#)
[Web Link 2](#)

(reviews, info, etc.)

Temptation isn't new. From the apple in the garden, to the guy with the cute smile, to the slightly illegitimate business deal, we all face temptation. But why can't we just walk away?

In this 4-part series, Andy Stanley takes a closer look at the temptations Jesus faced in the desert to identify the driving forces behind the temptations we face every day. Once we realize what is behind temptation, and what is at stake every time we're tempted, we can find the confidence to respond as Jesus did.

Part One: "Forty-One Days" - Romans 6:14

Part Two: "Soul Provider" - Matthew 4:4

Part Three: "Proving Ground" - Matthew 4:7

Part Four: "King of the Hill" - Matthew 4:10



The Shelter of God's Promises

DVD & Study Guide

Sessions: 10

ISBN: 9781418546069

AUTHOR(S):

Walsh, Sheila

[Web Link 1](#)
[Web Link 2](#)

(reviews, info, etc.)

In a world of uncertainty, pain, and struggle, where do you find solid assurance and unshakeable truth?

In *The Shelter of God's Promises* DVD-Based Study, gifted Bible teacher and inspiring speaker Sheila Walsh primes Scripture for what God has promised us, what God's promises mean, and how these promises provide the foundation for daily confidence, joy, and hope. With engaging video and rich Bible study content, Sheila weaves powerful personal testimony with Scripture to help you gain a trust in God that will sustain you for a lifetime.

Each of the 10 weeks contains 5 daily lessons. The group meeting starts with a 25 minute video, then breaks into group discussion and ends with prayer. Learn how to trust God, who is holding the entire universe together, to hold you together, even when everything seems to be falling apart.



Taking Responsibility for Your Life Because Nobody Else Will

DVD & Study Guide

AUTHOR(S):
Stanley, Andy

Sessions: 4

ISBN: 9780310894407

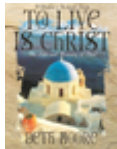
[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

RESPONSIBILITIES. We all have them. But we don't all take them as seriously as we ought to. Wouldn't it be great, though, if we all took responsibility for the things we are responsible for? Wouldn't it be great if you took responsibility for everything you're responsible for? It's time to stop the finger-pointing and excuse-making and to remove the 'ir' in irresponsible.

In this 4-part series, Andy Stanley tells us it's time to ask ourselves, 'Am I REALLY taking responsibility for my life?'

Session titles:

1. Let the Blames Begin
2. The Disproportionate Life
3. This Is No Time to Pray
4. Embracing Your Response Ability



To Live is Christ

Kit

AUTHOR(S):
Moore, Beth

Sessions: 10

ISBN: 9780767334129

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

To Live Is Christ: The Life and Ministry of Paul - Leader Kit by Beth Moore helps a leader facilitate this women's Bible study experience and contains all that is needed to conduct the 10 weeks of small group time. Join Beth on a journey into the life and heart of Paul, the Apostle to the Gentiles, who served faithfully and loved heartily. You will discover him to be a man who formed many close friendships with both men and women.

More than any other person, Paul provides us an example of sold-out servanthood. He understood what it means to die daily, crucified with Jesus Christ. As a result, Paul shows us how to live fully as a bond servant to Christ. As you study the Book of Acts and the Letters of Paul, you will come to know the characters personally. Most of all you will feel the challenge to follow Paul's example just as he followed the example of Christ.

Leader Kit includes:

- 6 DVDs featuring Beth Moore sharing 11 lessons
- 1 Member Book
- 1 Leader Guide



When Godly People Do Ungodly Things Arming Yourself in the Age of Seduction

Kit

AUTHOR(S):
Moore, Beth

Sessions: 7

ISBN: 9780633090364

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

Based on the best-selling book with the same title, the first section of this seven-week study is a warning to believers, while the second section shows women how to prepare for attacks by the Enemy. The third section is directed to those who have been snared by seduction, and compassionately points the way back to God. With 1 Samuel 12:25 as a guide, Christians can arm themselves against temptation and learn how to help other fallen believers. Group sessions for this short-term study require about an hour each week. Each lesson is divided between a 30-minute video-based teaching segment by Moore, followed by 30 minutes of group discussion. The Leader Kit contains one Leader Guide, one Member Book, weekly sessions that correspond to the Member Book, plus lots of study enhancing additional footage. Video segments are closed-captioned for the hearing impaired.



Your Spiritual Life Experiencing God in the Here and Now

DVD

AUTHOR(S):
Ortberg, John

Sessions: 1

[Web Link 1](#)
[Web Link 2](#) (reviews, info, etc.)

YOUR SPIRITUAL LIFE DVD series

Believers are always looking for insights, resources and tools to help grow spiritually. The Your Spiritual Life series offers a path to spiritual maturity that challenges the viewer to "live the life" in more intentional, dedicated ways. Your Spiritual Life is refreshingly honest and practical – the experts discuss the need for authenticity in all areas of spiritual life.

Experiencing God in the Here and Now

The way to spiritual fulfillment is the way of disciplines and practices that draw you closer to God on a daily basis, in the here and now. This powerful Biblical message creates a hunger for transformation and paints a brilliantly attractive picture of life that God can live through the believer.